## Timetable

## Classes are held in The Unity Centre

Except where indicated, Unity classes are open to everyone – as one-offs, or with class cards or Studio membership

## **Classes all week**

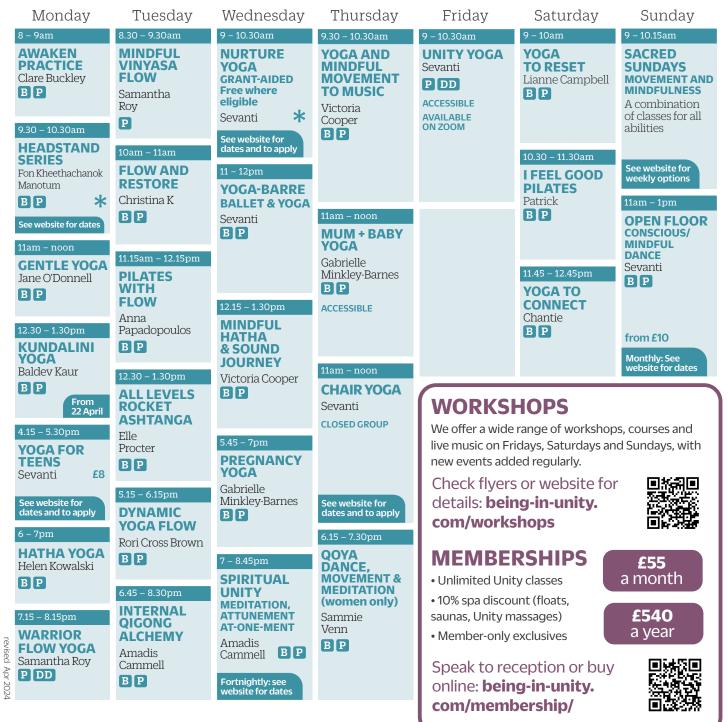
**B** Beginners

P Practiced DD

DD Deep dive

Non-members book any Unity class as a drop-in (£12) Class cards all Unity classes included, except 🔆

Studio members all Unity classes free to book, except 🖈





**TO BOOK ANY CLASSES** (except **\***) **being-in-unity.com/classes or the 'Unity yoga' app \*** Book directly. Not included in membership



being-in-unity.com