Timetable

Classes are held in The Unity Centre

Except where indicated, Unity classes are open to everyone – as one-offs, or with class cards or Studio membership

Classes all week

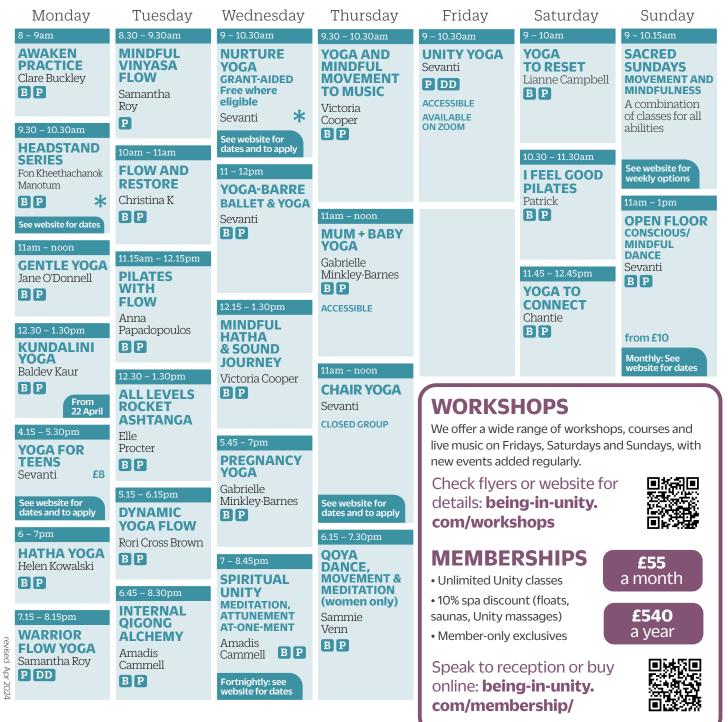
B Beginners

P Practiced DD

DD Deep dive

Non-members book any Unity class as a drop-in (£12) Class cards all Unity classes included, except 🔆

Studio members all Unity classes free to book, except 🖈





TO BOOK ANY CLASSES (except *****) **being-in-unity.com/classes or the 'Unity yoga' app *** Book directly. Not included in membership



being-in-unity.com